

# THE MUSWELL HILL PRACTICE

## SUMMER 2019 NEWSLETTER

[WWW.THEMUSWELLHILLPRACTICE.CO.UK](http://WWW.THEMUSWELLHILLPRACTICE.CO.UK)

We have an active patient group – let us know if you'd like to be more involved.

### A FAREWELL TO DR TIM GERRARD

The Muswell Hill Practice would like to announce that Dr Tim Gerrard will be retiring in April 2020.

He has provided a statement below.

We will of course be very sorry to see him go whilst recognizing that it is the right time for him. All organizations naturally have departures and arrivals, and we will keep you informed as to any future changes or developments.

“Dear All

After serious consideration I have decided to retire from The Muswell Hill Practice in April 2020 by which time I will have been a partner for 32 years, mostly working full time. I must stress at the outset this is because I feel it is the right time to move away from general practice, and is not because of ill health.

I started here after completing my training, and of course there have been many changes over the years. When I arrived we had no computers, did our own “on call”, and I supervised home births for a shortish period. The practice has grown considerably over this time whilst still retaining its core values. I have loved being a partner, a trainer and most importantly a family doctor, and to have worked all these years in such a happy, strong and cohesive practice.

As one of the partners I am in good position to assess where we are currently. I am certain that the practice will continue to develop, grow and thrive into the future.



With best wishes,

Tim Gerrard”

### STAFF UPDATES

Michele our Senior Practice nurse will be leaving the practice on 29.08.2019. She has provided a short statement below.

*“After four and a half very happy years working with the team and patients at The Muswell Hill Practice I have taken the difficult decision to leave in order to pursue my interests in teaching the nurses and allied healthcare staff of the future.*

*I will have seen many of you in my clinics and out and about in Muswell Hill over this time and will miss you all. Since making my decision to leave, I have been able to let some of you know in person. To those I have missed - my apologies not to have been able to tell you until now.*

*I am very aware the staff works extremely hard supporting the healthcare needs of our ever expanding local population. Our plan is that a new nurse will be taking up post in October and I am sure you will all welcome her as you did me. Meanwhile Nivetthy our practice nurse and Carrie our Health Care Assistant will be holding the fort.*

*Goodbye and good luck to you all. Michele - Senior Practice Nurse (Ex)”*

We welcome back our practice Manager Natalie Ker Watson, who will be returning from maternity leave on the 30<sup>th</sup> of September 2019 part-time. Our current Practice Manager (Rilwan Kuku) will remain at the practice part-time as well.

We have a new doctor; Dr Penny Zermansky who has joined the practice as one of our salaried GPs. Dr Penny Zermansky will be working 5 sessions per week with us on Monday, Tuesday and Wednesday. Dr Zermansky is an experienced doctor who has worked in general practice for the last 15 years.

Dr Kamaluddin Mahomed has joined us as a registrar and will be with us until February 2020. Dr Jimmy Lam has returned to the Practice and will be with us until August 2020.

## New Pharmacists

Our Pharmacist Helen Ghebrezadik has left the Practice and we now have three Pharmacists: Christiana Osmond, Victoria Anne Lim & Antoinette Aimufua. The role of the pharmacist is not to replace the GP but to help with:

- Long term conditions e.g. high blood pressure – pharmacists can discuss the medicines you are taking and ensure they are working for you.
- Reviewing medicines – pharmacists conduct yearly reviews and health checks can also be carried out.
- General medication enquiries – any queries regarding the use of specific medicine, side effects, interactions and any other concerns.

Any recommendations made by the Pharmacist will be discussed with your GP first.

## PPG MEETING

Our next PPG Meeting will be on 10th September 2019 from 19:00 to 20:30. If you would like to attend please contact the practice admin team and let staff know.

If you'd like to be involved in our patient participant group, then please subscribe via website or in the reception area.

## FLU SEASON

It's that time of the year again. We encourage all those eligible to have a flu vaccination. We have a Saturday flu clinic on 19th October 2019 in the morning and lots of other clinics on. Please make your appointment today!

If you are eligible for shingles and/or pneumovax it is possible to have them done at the same time.

Our flu delivery has come late this year. You will be able to book an appointment for your flu vaccine via reception from 09.09.2019.

The first flu clinic will be available from 07.10.2019 with Carrie our health care assistant.

If you are unsure if you are eligible, please ask.

## QUICK NOTICES



- Contact our pharmacists for any medication queries or reviews.
- We have supplies of condoms that can be given out by our nurses.
- Do you care for someone else? Please let reception know if you are a carer.
- We encourage all patients to use our pod room at least once a year: please update your health records with your blood pressure, height, weight and smoking status. Please remember to press COMPLETE at the end otherwise the information will not be stored.